



31 December 2025

Principal's Letter to Parents

Term 1, 2026

Dear Parents/Guardians

As we begin a new school year, I warmly welcome our PL-Lites and families back to school, and extend a special welcome to the parents/guardians of our Sec 1 students as you join the PL family. A new year always brings fresh beginnings — renewed energy, new relationships, and new opportunities for learning and growth.

This year is especially meaningful as we mark our school's 110th anniversary. It is a year of thanksgiving for God's faithfulness across generations, and also a timely opportunity to strengthen our sense of unity and pride as a school community. As a school that seeks to be a beacon to others, we want to continue nurturing in our girls the desire and confidence to make a positive difference beyond themselves.

In this spirit, we will be launching our inaugural *Beacon Award*, which recognises and supports PL-Lites who take initiative to turn their ideas, plans and efforts into meaningful contributions to the community. We are also grateful to partner *Focus on the Family Singapore* in guiding our girls to begin this journey of making a difference from home — through their roles and relationships as daughters within their families.

At the heart of these initiatives is a shared belief: our PL-Lites can *SHINE* and make a difference. When they believe it, and when the adults around them believe it too, they are empowered to grow with purpose and courage. I invite you to join me in this journey of holistic development of every girl entrusted to our care.

While majority is aware, our new parents/guardians of Sec 1 PL-Lites would like to note that at the start and end of each term, you will receive a letter from me which highlights key announcements, initiatives and school programmes, aimed to nurture our PL-Lites into "women of fine character, passion for life and learning".

1. Thanksgiving

We are very thankful that our 2025 N-Level PL-Lites have been blessed with excellent outcomes once again, possibly the best in the school's history! We thank our parents/guardians for their unwavering support and the teachers who journeyed alongside the girls. Do refer to the school website for a breakdown of the N-Level achievements. We continue to pray that our graduated girls will choose their post-secondary pathways wisely and move on confidently to pursue their aspirations.

PL(Sec) 2025 N-Level results

URL: <https://www.plmgss.moe.edu.sg/2025-gce-n-level-examination-results/>

2. 2026 Year and Term Themes

We will commemorate and celebrate our 110th Year with our 2026 Year Theme “**ONE Perfect 10 in Christ**”. In an increasingly diverse world, we call for “more we” and “less me”. PLMGS is stronger together, supporting one another despite our differences. We also look to Christ as the unifying force and strength.

Verse 4 of our Theme song “*We Are One*” aptly captures what we hope to achieve as a school.

[Verse 4]

Shaped by the hands of the potter
No two pieces alike
When we build a shelter together
We will shine, we will shine

[Chorus]

Let us draw near to each other
We are one, we are one
We are all sisters and brothers
Telling stories of our Father's love

We also have a Theme verse to support and anchor our Theme for the year:

*“Just as a body, though one, has many parts,
but all its many parts form one body, so it is with Christ.”*

1 Corinthians 12:12

Our school and assembly programmes are also anchored on the following term themes and monthly focus. They guide our school and staff in our plans, and seek to inspire our girls to build positive character in their pursuit of a purposeful life, making a difference for themselves and others.

| Term Theme | Month | Focus for the Month |
|-------------------------------------|-------------------|----------------------------|
| ONE PL Family Stronger Together | January | Stronger as a Class |
| | February | Stronger as a Cohort |
| | March | Stronger as ONE PL |
| ONE PL Family Growing Together | April | Growing in Favour with God |
| | May/June | Growing in Favour with man |
| ONE PL Family Shining Together | July | Shining as a school |
| | August | Shining as nation |
| | September | Rejoicing Always |
| ONE PL Family Rejoicing Together | October | Rejoicing For and With PL |
| | November/December | |

3. 2026 School Terms and Holidays

Please refer to the following URL for 2026 School Terms and Holidays:

<https://www.moe.gov.sg/news/press-releases/20250730-school-terms-and-holidays-for-2026>

4. Highlights of Key School Events

The following are highlights of our school's key programmes in Term 1, 2026.

| Term Theme | Month Focus | Dates | Key Events |
|--|----------------------|---------------------------|--|
| ONE PL Family Stronger Together | Stronger as a Class | 2 – 6 Jan (Fri – Tue) | START Right Programme which include: <ul style="list-style-type: none"> • Sec 1 iDiscover Orientation Programme • Sec 2 Learning Journey to URA; Aspiring to Lead & Make a Difference Workshop • Sec 3 Lead, Serve & Influence Workshop • Sec 4/5 Knowing Me & Striving to Grow - Goals in Action Learning |
| | | 7 Jan (Wed) | 2026 CCA Fair (for Sec 1) (Note: early dismissal for Sec 2-4/5 students who are not involved in CCA Fair at 1110hrs.) Sec 1 Meet-The-Parents Session / Finale Night |
| | | 9 Jan (Fri) | (Tentative) Start of Sec 1 & 2 Health Screening |
| | | 9 – 12 Jan (Fri – Mon) | Exchange Programme and Visit by Kyung Hee Girls' High School (South Korea) |
| | | 14 Jan (Wed) | (Tentative) Release of GCE O Level Results |
| | | 15 Jan (Thur) | (Tentative) PL Celebrates; school dismissal at 12.30pm |
| | | 19 Jan (Mon) | (Tentative) Start of Sec 1 & 2 HPV Vaccination |
| | | 22 Jan (Thur) | Sec 4 Biology / Physics Practical Session (PM) Sec 5 Science Practical Bridging (PM) |
| | | 23 Jan (Fri) | Sec 3 and 4/5 Meet-The-Parents Session |
| | | 27 Jan (Tue) | National School Games 20256 Opening Ceremony |
| | | 30 Jan (Fri) | GDX+ Safety & Evacuation Exercise |
| | Stronger as a Cohort | 4 Feb (Wed) | Start of Mother-Tongue Fortnight – Sec 3 Tea Appreciation |
| | | 5 Feb (Thur) | Sec 4 Chemistry / Pure Biology Practical Session (PM) Sec 5 Science Practical Bridging (PM) Start of Active Youth Programme |
| | | 6 Feb (Fri) | CCA starts for Sec 1 (Phase 1) |
| | | 9 Feb (Mon) | Start of PL21 2.0 Programme for Sec 1 Lunar New Year Carnival |
| | | 11 Feb (Wed) | GCE O Level Nutrition & Food Science Coursework Practical Examination (internal) (PM) |

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| | | 12 Feb (Thur) | Class Committee Leaders' Training – Leadership 601 Module Tea with Year Heads |
| | | 13 Feb (Fri) | Total Defence Day / Friendship Day |
| | | 16 Feb (Mon) | Chinese New Year Concert and Celebrations (<u>Note</u> : school dismissal between 10-10.30am to be coordinated with PL (Pri) for staggered dismissal.) |
| | | 17 – 18 Feb (Tue – Wed) | Chinese New Year Days 1 and 2 Public Holidays |
| | | 19 Feb (Thur) | GCE O Level Nutrition & Food Science Coursework Practical (internal) Examination (PM) Sec 4 Pure Chemistry Practical Session (PM) Start of Mother-Tongue Fortnight |
| | | 23 Feb (Mon) | Class Committee Appointment Ceremony |
| | | 25 Feb (Wed) | Sec 4/5 FIS – LNY Carnival for elderly rehearsal |
| | | 26 Feb (Thur) | Home-Based Learning (Sec 2 – 3)¹ Sec 1 – Issuance of Personal Learning Devices in school Sec 4/5 FIS – LNY Carnival for elderly |
| | Stronger as ONE PL | 2 Mar (Mon) | Home-Based Learning (Sec 1, 2, 4/5) Start of Sec 3 MOE-OBS Camp |
| | | 3 Mar (Tue) | Start of GCE N & O Level Examination Registration |
| | | 4 Mar (Wed) | Start of Sec 1 Outdoor Adventure Learning Camp Start of Sec 2 Experiential Learning Week Start of Sec 4 Applied Learning Modules Start of Sec 5 Alternative Programme |
| | | 9 Mar (Mon) | Sec 3 NRIC Registration |
| | | 11 Mar (Wed) | Home-Based Learning (Sec 1 – 5) |
| | | 12 Mar (Thur) | (Tentative) Student Leaders-Principal Dialogue |
| | | 13 Mar (Fri) | End-of-Term 1 Thanksgiving Assembly |
| | | 16 – 20 Mar (Mon – Fri) | Term 1 School Holidays (<u>Note</u> : some CCAs may still function on 16 – 17 Mar in order to prepare the girls for national competitions.) |

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| Every Mon morning, 7.30am at SFE Room (starts 12 Jan 2026) | <i>PrayingParents@PL</i> meets every Monday morning in school (SFE Room) for a time of prayer and fellowship. If you are interested to join in, please email Mrs Shermeen Wong-Ng at shermeenwong@hotmail.com . |
| Parents will be informed via Parents Gateway (PG) closer | <i>Fathers@School</i> is a father-centric group set up to encourage active and involved fathering in PL through purposeful activities and workshops designed to strengthen father-daughter relationships. |

¹ HBL Day is integral of MOE's initiative to nurture self-directed and independent learners as well as develop passionate and intrinsically-motivated learners through a Blended Learning approach. See <https://www.moe.gov.sg/-/media/files/parent-kit/experiencing-blended-learning.pdf> for details. Remaining HBL Day dates for the rest of the year are reflected in the Student Handbook.

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| to the date of the event. Please sign up for the sessions via PG. | |
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Please check the school website (<http://plmgss.moe.edu.sg>) for regular updates on the school programmes and other administrative matters. Do also follow us on our Facebook page for the happenings in and around the school (<https://www.facebook.com/PAYALEBARMGS>).

5. Information on Student Learning and Development

- i. START Right Programme in Weeks 0-1, Term 1. We begin the new school year with our uniquely-PL START Right Programme in the first few days of school. During this period, we will focus on nurturing positive relationships and establishing positive expectations and routines to support our girls' learning and growth for the rest of the year. Please refer to the START Right Programme PG notification for more details.
- ii. Learning and Assessment. The purpose of schooling is beyond performance and grades alone. We would like to emphasise on learning and personal mastery. On this note, please refer to <https://www.plmgss.moe.edu.sg/curriculum/ip-overview/> for an overview of our instructional programmes, which could help you in your conversations on learning in school with your daughters. Highlights include:
 - Teaching & Learning (T&L) Approach – Curriculum Learning content Assessment Pedagogy Staff, denoted by the acronym **CLAPS**;
 - Students' Learning Dispositions, or **PEARLS**; and

Present in body and mind
Enjoy the moment
Ask good questions
Reflect
Listen attentively
Something I learnt today
 - Assessment and Homework Policies

In this regard, instead of asking your child "how was your day today?", parents/guardians can consider:

- Tell me something you learnt today.
- What was the most challenging thing you did today / question you struggled with today?
- What question(s) did your teacher ask today? Why did your teacher ask the question(s)?
- What's a question you still have about what you have learnt today?
- Do you know how to move forward in your learning?

6. Supporting Your Daughter During Transitions and Change

The Sec 1 and Sec 3 years are key transition points, where our girls learn to navigate new environments, friendships and leadership opportunities. Our Sec 2 and Sec 4/5 PL-Lites will

also encounter growth opportunities and new demands. In every stage, we hope to partner you to develop in our girls the strength and adaptability to thrive despite challenges. I would like to share two points for your consideration.

First, coming back to school after a long break will not be easy; have a plan to re-adjust your child's sleep cycle, take time to talk about their concerns about starting school and have a schedule for the next few days to help our girls ease back to schooling routines.

Second, mental well-being and cyber wellness are key areas of concerns for parents today. We will have opportunities to share our school's efforts and CCE lessons on these topics at our upcoming Meet-The-Parents (MTP) sessions. Good mental health is more than just the absence of mental illness; it refers to a state of well-being where we realise our potential and can cope with varying emotions and normal stresses that we all experience in our daily lives (e.g. relationship problems). Besides developing social-emotional competencies (i.e. self-awareness, social awareness, self-management, relationship management and responsible decision-making), positive school-home partnership will help our PL-Lites navigate the challenges related to mental well-being and cyber wellness. Here are some useful resources for your consideration.

| S/N | Title | Key Ideas | Source |
|-----|---|--|---|
| 1 | MOE's Guidelines on School-Home Partnership | Tips on how schools and parents can work hand in hand to support each child, based on three broad ideas of respectful communication, role models and real connections. | https://www.moe.gov.sg/-/media/files/news/press/2019/guidelines-for-school-home-partnership.pdf |
| 2 | Social and Emotional Learning @ Home: The What, Why and How | MOE YouTube video on how parents can support the social-emotional learning of their children. | https://go.gov.sg/selhome |
| 3 | MOE Parent Kit | MOE website that presents tips and resources and on how to support our children as they transit to new education stages (from pre-school to primary, primary to secondary and secondary to post-secondary), in various domains such as learning, technology, well-being etc. | https://moe.gov.sg/parentkit |
| 4 | Parenting for Wellness Website | A web-based toolbox of practical tips for you to support your child's well-being and navigate parenting in this digital age. | https://parentingforwellness.hpb.gov.sg/ |

7. Important Admin Matters

- i. **NEW Mobile Phone Policy – Lockers.** To support our students' learning, well-being and positive interactions with one another, MOE has updated its guidelines on the use of smartphones and smartwatches for all secondary schools from 2026. Sec 2 - 4 students have been briefed that they should not use their smartphones/smartwatches during school hours, including recess, snack breaks, CCAs and after-school programmes (e.g. supplementary/enrichment/remedial lessons), unless permission is given by a teacher. Smartphones/smartwatches should be kept in their school lockers during school hours, once they arrive in school. Lockers will be assigned on the first day of school, 2 Jan 2026. Sec 2 – 4 students have been reminded, while Sec 1 and 5 students were informed to purchase a lock if they do not already have one. We will work closely with our PL-Lites and only mete out consequences for non-compliance gradually, after the girls are fully on-board. We hope to achieve full compliance by end of Week 1, Term 1.

For urgent matters, students may approach the General Office to use the office phone to contact their parent or guardian. When contacting parents after school, students should do so at the pickup point outside the guardpost. Smartphones/smartwatches should be kept in their school lockers during school hours, once they arrive in school.

We appreciate parents' support in partnering the school to foster healthy screen habits, reduce unnecessary distractions and create a school environment that enables students to be present, engaged and connected with one another.

- ii. **Student Absences via Parents Gateway.** As shared previously in our Term 4 Thanksgiving Letter, the school will be using the Parents Gateway (PG) app to facilitate the submission of reasons for student absences. From Term 1 2026, parents may submit valid reasons for their child's/ward's absence and upload supporting documents (e.g. medical certificates) directly via the "Services" tab on the PG app.

For ease of reference, the Parent User Guide (**Annex A**) and FAQ (**Annex B**) are attached.

- iii. **Adjustment in Canteen Prices.** To continue providing quality meals for our students, there will be a 20-cent price increase for meals at the Chinese rice stall starting in the new school year 2026. This adjustment has been made to correct the previously under-priced set meals and ensure the stall can maintain its food standards.
- iv. **Ground Deployment Exercise on 30 Jan 2026.** School will be conducting a Ground Deployment Exercise on 30 January 2026. This exercise is part of our emergency preparedness programme to ensure the safety and security of all students and staff. During the exercise, normal school activities may be temporarily disrupted, and students will be guided through safety procedures by our teachers. We appreciate your understanding and cooperation as we work to maintain a safe learning environment for all.

- v. School's Traffic Safety and School Security Arrangement. Our girls' safety is our priority. Please see **Annex C – Traffic Safety & School Security Arrangements**, a useful reminder for our current parents/guardians. New parents to PL (Sec) must familiarise yourselves with these practices to ensure safety of all our girls.
- vi. Guidelines on Parents' Communication with the School. Please see Guidelines on Parents' Communication with the School in our website at <https://www.plmgss.moe.edu.sg/articles/guidelines-on-parents-communication-with-the-school>. We seek to work closely with our parents/guardians for the holistic well-being of our PL-Lites, and to prepare our girls for life. Our teachers' workload in partnering parents must also be managed in balance with our core professional duties, particularly in teaching and learning. For urgent matters or messages, parents/guardians may contact the school's General Office.

Meaningful progress happens when home and school walk together with a shared commitment to what is best for our PL-Lites, not only for today but for their long-term learning and growth. We take seriously our responsibility to support each child's learning, while also helping them develop our **H.E.A.R.T.** values, responsibility, resilience and independence along the way.

It is a privilege to serve alongside you as partners in this journey. Thank you for your continued support, trust and willingness to work together in shaping a learning environment that benefits all our PL-Lites.

Yours faithfully



Ms Amy Ng
Principal