

CCA	Teacher In Charge	Date	Time of training	Venue	Purpose	Special instruction (e.g specific group of students only etc)
SPORTS & GAMES (SCHOOL TEAM)						
BADMINTON	Mr Liew Koi Chin	2 Nov (Wed)	9.00am to 12.00pm	ISH Sec	NSG 2023 preparation	Sec 1 - 3
		4 Nov (Fri)	9.00am to 5.00pm		Inter-School Tournament	Sec 1 - 3
		7 Nov (Mon)	9.00am to 12.00pm		NSG 2023 preparation	Sec 1 - 3
		9 Nov (Wed)	9.00am to 12.00pm			Sec 1 - 3
		14 Nov (Mon)	9.00am to 12.00pm			Sec 1 - 3
		16 Nov (Wed)	9.00am to 12.00pm			Sec 1 - 3
		19 Dec (Mon)	9.00am to 12.00pm	Shaw Hall	Sec 1 - 3	
		21 Dec (Wed)	9.00am to 12.00pm	Shaw Hall	Sec 1 - 3	
		27 Dec (Tue)	9.00am to 12.00pm	Shaw Hall / ISH Sec	Sec 1 - 3	
		28 Dec (Wed)	9.00am to 12.00pm	Shaw Hall / ISH Sec	Sec 1 - 3	
NETBALL	Mr Divakaran	31 Oct (Mon)	2.00pm to 5.00pm	Outdoor courts @Track due to O Levels	NSG 2023 preparation	Sec 1 - 3
		7 Nov (Mon)	2.00pm to 5.00pm			
		10 Nov (Thurs)	9.00am to 12.00pm			
		15 Nov (Tues)	2.00pm to 5.00pm	Parade Square		
		18 Nov (Fri)	8.00am to 5.00pm	Netball Carnival @ SHSS		
		20 Dec (Tues)	9.00am to 12.00pm	Parade Square		
		21 Dec (Wed)				
		29 Dec (Thurs)	9.30am to 12.30pm	Parade Square or STC friendly (TBC)		
30 Dec (Fri)	8.00am to 11.00am	Parade Square				
RHYTHMIC GYMNASTICS	Mdm Shi Fudi	31 Oct (Mon)	2-5pm	Pri ISH	NSG 2023 preparation	Sec 1 - 3
		1 Nov (Tues)	2-5pm			Sec 1 - 3
		7 Nov (Mon)	2-5pm			Sec 1 - 3
		8 Nov (Tues)	2.30-5.30pm			Sec 1 - 3
		14 Nov (Mon)	2-5pm			Sec 1 - 3
		15 Nov (Tues)	2-5pm			Sec 1 - 3
		12 Dec (Mon)	9-12pm			Sec 1 - 3
		13 Dec (Tue)	9-12pm			Sec 1 - 3
		19 Dec (Mon)	9-12pm			Sec 1 - 3
20 Dec (Tue)	9-12pm	Sec 1 - 3				
SWIMMING	Mrs Tan Puay Teng	NIL				
TABLE TENNIS	Mr Jonathan Foo	1 Nov (Tue)	12 - 2 pm	ISH - Pri TT room	NSG 2023 preparation	Sec 1
			2 - 4 pm			Sec 2 - 3
		4 Nov (Fri)	12 - 2 pm			Sec 1
			2 - 4 pm			Sec 2 - 3
		7 Nov (Mon)	12 - 2 pm			Sec 1
			2 - 4 pm			Sec 2 - 3
		8 Nov (Tue)	12 - 2 pm	Sec 1		
			2 - 4 pm	Sec 2 - 3		
		13 Dec (Tue)	8 am to 10 am	Shaw Hall		Sec 2 - 3
10 am to 12 pm	Sec 1					

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TABLE TENNIS		14 Dec (Wed)	12 - 2 pm	Sec ISH		Sec 2 - 3
			2 - 4 pm			Sec 1
		19 Dec (Mon)	12 - 2 pm			Sec 2 - 3
			2 - 4 pm			Sec 1
		20 Dec (Tue)	8 am to 10 am			Sec 2 - 3
			10 am to 12 pm			Sec 1
		27 Dec (Tue)	12 - 2 pm			Sec 2 - 3
			2 - 4 pm			Sec 1
TRACK & FIELD	Mr Chai Wee Jie	31 Oct (Mon)	2.30 pm - 5.30 pm	School track	NSG 2023 preparation	Sec 1 - 3
		3 Nov (Thu)	8 am to 11 am			
		7 Nov (Mon)	2.30 pm - 5.30 pm			
		10 Nov (Thu)	2.30 pm - 5.30 pm			
		15 Nov (Tue)	8 am to 11 am			
		16 Nov (Wed)	8 am to 11 am			
		18 Nov (Fri)	8 am to 11 am			
		21 Nov (Mon)	8 am to 11 am			
		23 Nov (Wed)	8 am to 11 am			
		25 Nov (Fri)	8 am to 11 am			
VOLLEYBALL	Mr Adrian Tan	31 Oct (Mon)	10am-2pm	ISH	NSG 2023 preparation	Sec 2 - 3 (10am-1pm), Sec 1 (12-2pm)
		1 Nov (Tues)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		3 Nov (Thurs)	12pm-3pm			Sec 2 - 3
		7 Nov (Mon)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		8 Nov (Tues)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		10 Nov (Thurs)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		14 Nov (Mon)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		15 Nov (Tues)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		17 Nov (Thurs)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		23 Nov (Wed)	TBC	Ngee Ann Secondary	Invitational Games	Sec 2 and selected 3s only
		12 Dec (Mon)	8am-1pm	ISH	NSG 2023 preparation	Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		13 Dec (Tues)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		15 Dec (Thurs)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		19 Dec (Mon)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		20 Dec (Tues)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		22 Dec (Thurs)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
		27 Dec (Tues)	8am-1pm			Sec 2 - 3 (8-11am), Sec 1 (11-1pm)
UNIFORMED GROUPS	Teacher In Charge					
GIRLS' BRIGADE	Mrs Tessa Tay Mrs Melissa Soh	31 Oct (Mon)	8.30 am -12 pm	Various Places	NCO Training Camp	S1s and S3 EXCO
		31 Oct (Mon)	8.45 am - 6 pm	AVA	First Aid Course	S2s
		1 Nov (Tue)	8.45 am - 6 pm	AVA	First Aid Course	S2s

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		3 Nov (Thurs)	9 am - 11 am	Parade Square	Drills Training	S2s and S1s
		3 Nov (Thurs)	2 pm- 5 pm	SCDF 2nd Division	CEPP Course	S3s
		7 Nov (Mon)	9 am - 11 am	Parade Square	Drills Training	Sec 1- 3s
		14 Nov (Mon)	2 pm -4 pm	Parade Square	Drills Assessment	Selected S1s and S2s
NATIONAL POLICE CADET CORP	Mr Lam Cherng Yang	29 Oct (Sat)	8 am - 1pm	Yuying Sec for NPCC Area 5 Games Day	Area 5 Games Day	S1s and 5 x Sec 3s NCOs
ST. JOHN BRIGADE	Ms Bai Zhaozhi	22 Oct (Sat) 23 Oct (Sun)	9 am - 6pm	22 & 23 Oct at Zhonghua Secondary School No transport provided	Basic Non-commissioned Officer Course	Year 1s and selected Year 2s
		5 Nov (Sat) 6 Nov (Sun) 12 Nov (Sat) 13 Nov (Sun)	9 am - 6pm	North Vista Secondary School No transport provided	Advanced Non-commissioned Officer Course	Year 2s and selected Year 3s
		20 Dec (Tues)	8.30 am - 3 pm	PLMGS(S) Parade Square	Drills Assessment Training Day 1	Year 1s, 2s and selected 3s
		21 Dec (Wed)	8.30 am - 3 pm	PLMGS(S) Parade Square	Drills Assessment Training Day 2	
		23 Dec (Fri)	8.30 am - 12.30 pm	PLMGS(S) Parade Square	Drills Assessment	
<b>PERFORMING ARTS</b>	<b>Teacher In Charge</b>					
CL DRAMA (D'ARTS)	Mdm Zhu Li Li	31 Oct (Mon)	9:00am-11:30am	HIGHER MT ROOM	SYF Training	Sec 1 - 3
		1 Nov (Tue)	9:00am-11:30am			
		3 Nov (Thu)	9:00am-11:30am			
		7 Nov (Mon)	9:00am-11:30am			
		8 Nov (Tue)	9:00am-11:30am			
		9 Nov (Wed)	9:00am-11:30am			
		28 Dec (Wed)	9:00am-12:30pm			
		29 Dec (Thu)	9:00am-12:30pm			
CHOIR	Mrs Cheryl Chew	31 Oct (Mon)	8.30am - 12.30pm	ISH Music Room	Vocal Training + SYF Prep	Sec 1 - 3
		4 Nov (Fri)	12.30pm - 3.30pm			
		9 Nov (Wed)	1.00 pm - 5.00pm			
		10 Nov (Thur)	8.30am - 12.30pm			
		14 Nov (Mon)	8.30am - 12.30pm			
		18 Nov (Fri)	2.30 pm - 5.30pm			
		21 Nov (Mon)	9 am - 6.00pm	Zhonghua Sec	Choral Exchange with other sec sch choirs	
		28 Dec (Wed)	1.00 pm - 5.00pm	ISH Music Room	Vocal Training + SYF Prep	
		1 Nov (Tues)	10am - 12pm			
		4 Nov (Fri)	10am - 12pm			

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CONCERT BAND	Mrs Clarabelle Yeo	8 Nov (Mon)	10am - 12pm	Band Room	SYF Prep	Sec 1 - 3
		15 Nov (Mon)	10am - 12pm			
		18 Nov (Fri)	10am - 12pm			
		29 Dec (Thurs)	9am - 12pm			
EL DRAMA	Ms Alexandria Seah	31 Oct (Mon)	9-12noon, 1-4pm	Agape concert hall	Puppetry workshop full day	Sec 1 - 3
		1 Nov (Tues)	9am-12noon		SYF prep/ Prep for Huddle!	
		8 Nov (Mon)	9am-12noon		SYF prep/ Prep for Huddle!	
		15 Nov (Mon)	9am-12noon		SYF prep/ Prep for Huddle!	
		16 Nov (Tues)	2pm-6pm		Huddle!	
GUITAR ENSEMBLE	Mr Jerry Tai	31 Oct (Mon)	9 am - 11.30 am	Humanities Room, Ebenezer Hub, adjacent classrooms	Guitar training (sec 1) and SYF Prep (sec 2 + 3)	Sec 1 - 3 students
		1 Nov (Tue)	9 am - 11.30 am			
		7 Nov (Mon)	9 am - 11.30 am			
		8 Nov (Tue)	9 am - 11.30 am			
		14 Nov (Mon)	9 am - 11.30 am			
		15 Nov (Tue)	9 am - 11.30 am			
		28 Dec (Wed)	9 am - 11.30 am			
		29 Dec (Thu)	9 am - 11.30 am			
GUZHENG ENSEMBLE	Ms Yap Wee Cheng	1 Nov (Tue)	12pm - 4pm	Guzheng Room	CNY and SYF Preparation	S2 and 3 :12-3pm; S1 + Selected Sec 2s/3s :1-4pm
		8 Nov (Tue)	12pm - 4pm			S1 + Selected Sec 2s/3s: 12-3pm S2 and S3 :1 -4pm
		11 Nov (Fri)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s:10am-1pm
		15 Nov (Mon)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s:10am-1pm
		18 Nov (Fri)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s:10am-1pm
		13 Dec (Tue)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s:10am-1pm
		15 Dec (Thur)	9am - 12noon			S1-3 Performing Group
		16 Dec (Fri)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s :10am-1pm
		20 Dec (Tue)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s :10am-1pm
		22 Dec (Thurs)	9am - 12noon			S1-3 Performing Group
		23 Dec (Fri)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s :10am-1pm
		27 Dec (Tue)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s :10am-1pm
		30 Dec (Fri)	9am - 1pm			S2 and 3 :9am-12noon; S1 + Selected Sec 2s/3s :10am-1pm
HANDBELLS ENSEMBLE	Ms Eileen Sin	31 Oct (Mon)	8.45 am - 12.15 pm	Handbell Room	SYF Training	Sec 1 - 3 students
		1 Nov (Tues)	7.45 am - 11.15 am			
		4 Nov (Fri)	7.45 am - 11.15 am			
		7 Nov (Mon)	11.15 am - 2.45 pm			
		8 Nov (Tues)	7.45 am - 11.15 am			

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		15 Nov (Tues)	7.45 am- 11.15 am			
		21 Dec (Wed)	8.45 am - 12.15 pm			
		28 Dec (Wed)	7.45 am - 11.15 am			
HARP ENSEMBLE	Ms Chong Chia Hwei	1 Nov (Tues)	9.00 am - 12.30 pm	Harp Room	Training for SYF	Sec 1 - 3 students
		4 Nov (Thurs)	9.00 am - 12.30 pm			
		8 Nov (Mon)	9.00 am - 12.30 pm			
		15 Nov (Mon)	9.00 am - 12.30 pm			
		18 Nov (Fri)	9.00 am - 12.30 pm			
		20 Dec (Tues)	9.00 am - 12.30 pm			
		23 Dec (Fri)	9.00 am - 12.30 pm			
		27 Dec (Tues)	9.00 am - 12.30 pm			
MODERN DANCE	Mrs Brenda Colleemallay	31 Oct Mon	2pm - 5pm	Dance Studio	SYF Training	Sec 1 - 3 students
		1 Nov (Tues)	2pm - 5pm		SYF Training	
		4 Nov (Thurs)	2pm - 5pm		SYF Training	
		8 Nov (Tues)	12 pm -5.30pm		Bonding Activities+SYF Training	
		9 Nov (Wed)	12 pm -5.30pm		Bonding Activities+SYF Training	
		10 Nov (Thurs)	11am -5.30pm		Bonding Activities+SYF Training	
		14 Nov (Mon)	2pm - 5pm		SYF Training	
		15 Nov (Tues)	2pm - 5pm		SYF Training	
		18 Nov (Fri)	2pm - 5pm		SYF Training	
<b>CLUBS &amp; SOCIETIES</b>	<b>Teacher In Charge</b>					
EL DEBATE	Ms Navethira	1 Nov (Tues)	9am - 1pm	Humanities room	Debate training/ bonding	Sec 1 - 3 students
INFOCOM TECHNOLOGY (MEDIA PRODUCTION)	Mdm Zalena	4 Nov (Friday)	10.45 am - 6.30pm	Marina Bay Sands Sands Orchid Ballroom, Level 4	Digital for Life Youth Awards	Sec 1-3 students
PHOTOGRAPHY	Mdm Zahira	29 Dec (Thurs)	11.00 am -12.30 pm	comp lab 3	Logistics check for 2023	Exco Only